



Confidence as a Leader: Finding Your Purpose

University of Maine Augusta General Assembly Training
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Confidence in Leadership

1. What is the earliest leadership responsibility you can remember having:

From this I learned: _____

2. What are some barriers, challenges, and obstacles that you may face?

3. What are ways to overcome barriers, challenges, and obstacles to leadership?

4. Confident leaders have a _____ attitude. I practice a positive attitude through _____.

_____ creates _____.

The enemy of confidence and self-esteem: _____!

Turn your _____ into _____.

The _____ is in the _____.

5. Your Gold Watch Ceremony

6. Your Campus Legacy

“Choose to make your imagination your ally. You do have a say about what pictures live in your head—and you can choose the most positive images to shape your life.” Jane Seymour, Actress

7. Practice _____ to build confidence.
_____ those things that you claim _____ over
what you _____ now, or that you will have in the _____.

8. Say _____ out loud _____ times per day.
My Daily _____:

9. Watch for _____ moments and opportunities.

10. Five (5) Key Points to Confidence in Finding Your Purpose

a. _____
“Obstacles are those frightful things you see when you take your eye off your goal.” Henry Ford

b. _____
“Whatever you can do or dream you can, begin it. Boldness has genius, power, and magic in it.” Johann Wolfgang von Goethe (1749-1832)
“Make mistakes while the stakes are not too high.” David A. Kelly

c. _____: _____ and _____
“You are never given a wish without also being given the power to make it come true.” Richard Bach, Illusions

d. _____ and _____
“Opportunity is missed by most people because it is dressed in overalls and looks like work.” Thomas Edison, 1847-1931

e. _____:
“Here is a test to determine if your mission on earth is finished: If you’re still alive, it isn’t.” Richard Bach, Illusions

“Some people say I have attitude - maybe I do. But I think you have to. You have to believe in yourself when no one else does – that makes you a winner right there” Venus Williams, Tennis Champion