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## Confidence as a Leader: Finding Your Purpose

Pi Sigma Epsilon  
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### Personal Survey: (True or False)

- |  | T                     | F                     |
|--|-----------------------|-----------------------|
| A. I cannot trust others to be responsible                 | <input type="radio"/> | <input type="radio"/> |
| B. I am afraid of losing control and results               | <input type="radio"/> | <input type="radio"/> |
| C. The person at the top has all the answers               | <input type="radio"/> | <input type="radio"/> |
| D. It is easier and faster to just do it yourself          | <input type="radio"/> | <input type="radio"/> |
| E. Delegation diminish your prestige and authority         | <input type="radio"/> | <input type="radio"/> |
| F. I don't want to be left out of recognition for success  | <input type="radio"/> | <input type="radio"/> |
| G. Other people are just too busy to take responsibilities | <input type="radio"/> | <input type="radio"/> |
| H. No one sees the big picture like I do                   | <input type="radio"/> | <input type="radio"/> |

1. What is the earliest leadership responsibility you can remember having:

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From this I learned: \_\_\_\_\_

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2. Confident leaders \_\_\_\_\_ barriers, challenges, and obstacles to leadership. What are some barriers, challenges, or obstacles you have faced or could face? \_\_\_\_\_

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3. Confident leaders handle \_\_\_\_\_ . Dave’s Five Concepts:
- a. If you have a conflict with someone and you do not take it \_\_\_\_\_ that \_\_\_\_\_, then it can’t be \_\_\_\_\_.
  - b. Deal with conflict \_\_\_\_\_-on-\_\_\_\_\_: \_\_\_\_\_ in public, \_\_\_\_\_ in private.
  - c. Use the three \_\_\_\_\_ system: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.
  - d. Learn to \_\_\_\_\_ the \_\_\_\_\_ from the \_\_\_\_\_.
  - e. Confront the \_\_\_\_\_ with a \_\_\_\_\_.

4. Confident leaders \_\_\_\_\_ the most of their \_\_\_\_\_.

What would be on your business card?

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- a. Maximize your \_\_\_\_\_.
  - i. Work on that which is most \_\_\_\_\_.
  - ii. Do the \_\_\_\_\_ thing first.
- b. Determine your \_\_\_\_\_ to conquer your \_\_\_\_\_. What distractions do you have?
 

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- c. Be in \_\_\_\_\_ of your \_\_\_\_\_. Set \_\_\_\_\_ and \_\_\_\_\_ with them.
- d. Take \_\_\_\_\_ to make \_\_\_\_\_. Plan your day the \_\_\_\_\_ before.

e. How do you \_\_\_\_\_ an \_\_\_\_\_?  
One \_\_\_\_\_ at a time!

5. Confident leaders have a \_\_\_\_\_ attitude. I practice a positive attitude through \_\_\_\_\_.  
\_\_\_\_\_ creates \_\_\_\_\_.

Enemy of Confidence and Self-Esteem: \_\_\_\_\_!  
Turn your \_\_\_\_\_ into \_\_\_\_\_.  
The \_\_\_\_\_ is in the \_\_\_\_\_.

*“Choose to make your imagination your ally. You do have a say about what pictures live in your head—and you can choose the most positive images to shape your life.” Jane Seymour, Actress*

6. Confident leaders plan where they want to go and how they will get there. Goals do not define our life; they give our life direction. It is the direction that our goals take us that defines our life.

Goals are the stepping-stones on the way to your dream.

They must be \_\_\_\_\_!  
S \_\_\_\_\_  
M \_\_\_\_\_  
A \_\_\_\_\_  
R \_\_\_\_\_  
T \_\_\_\_\_

Write a SMART goal that you want to accomplish in the next six months:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. Confident leaders practice \_\_\_\_\_. It is the process of getting things done through \_\_\_\_\_. Key aspects are:
- a. An ability to \_\_\_\_\_,
  - b. A clear and defined \_\_\_\_\_.
  - c. Effective \_\_\_\_\_ techniques.
  - d. Provide \_\_\_\_\_ support – not \_\_\_\_\_.
  - e. \_\_\_\_\_ the person to get the job/task done!

Delegating \_\_\_\_\_ ! = \_\_\_\_\_ !!

- a. I cannot trust others to be responsible: How can they \_\_\_\_\_ you?
- b. You will lose control: Let others \_\_\_\_\_ you.
- c. The person at the top has all the answers: Ask for \_\_\_\_\_ from others.
- d. It is easier and faster to just do it yourself: But will it be \_\_\_\_\_ ?
- e. Delegation diminishes your prestige: It will \_\_\_\_\_ it!
- f. Others will receive recognition: As the leader, \_\_\_\_\_, too.
- g. Delegation is impossible, everyone’s too busy: People can make \_\_\_\_\_ for anything they want to.
- h. No one sees the big picture like you do: Share your \_\_\_\_\_.

8. Confident leaders are able to \_\_\_\_\_ others. Ways to do this:
- a. Identify the \_\_\_\_\_ and what you want to \_\_\_\_\_.
  - b. Determine \_\_\_\_\_ you want to motivate.
  - c. Find that person’s \_\_\_\_\_. Some of mine are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- d. \_\_\_\_\_ the \_\_\_\_\_ for what you want: Never fear \_\_\_\_\_!

9. Use \_\_\_\_\_ to build confidence. Affirmations are those things that you claim \_\_\_\_\_ over what you \_\_\_\_\_ now, or that you will have in the \_\_\_\_\_. Say affirmations out loud \_\_\_\_\_.

My Daily \_\_\_\_\_:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10. Watch for \_\_\_\_\_ moments and opportunities.

11. Five (5) Key Points to Confidence in Finding Your Purpose

a. \_\_\_\_\_  
*“Obstacles are those frightful things you see when you take your eye off your goal.” Henry Ford*

b. \_\_\_\_\_  
*“Whatever you can do or dream you can, begin it. Boldness has genius, power, and magic in it.” Johann Wolfgang von Goethe (1749-1832)*

c. \_\_\_\_\_: \_\_\_\_\_ and \_\_\_\_\_  
*“You are never given a wish without also being given the power to make it come true.” Richard Bach, Illusions*

d. \_\_\_\_\_ and \_\_\_\_\_  
*“Opportunity is missed by most people because it is dressed in overalls and looks like work.” Thomas Edison, 1847-1931*

**Call to Action**

- e. Be \_\_\_\_\_; have no \_\_\_\_\_;  
pursue your \_\_\_\_\_; and...
- \_\_\_\_\_

*“Here is a test to determine if your mission on earth is finished: If you’re still alive, it isn’t.” Richard Bach, Illusions*

*“Some people say I have attitude - maybe I do. But I think you have to. You have to believe in yourself when no one else does – that makes you a winner right there” Venus Williams, Tennis Champion*

**Notes**