



Confidence as a Leader: Finding Your Purpose

Lamar State College Orange
Student Leadership Training

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Personal Survey: (True or False)

- | | T | F |
|--|-----------------------|-----------------------|
| A. I cannot trust others to be responsible | <input type="radio"/> | <input type="radio"/> |
| B. I am afraid of losing control and results | <input type="radio"/> | <input type="radio"/> |
| C. The person at the top has all the answers | <input type="radio"/> | <input type="radio"/> |
| D. It is easier and faster to just do it yourself | <input type="radio"/> | <input type="radio"/> |
| E. Delegation diminish your prestige and authority | <input type="radio"/> | <input type="radio"/> |
| F. I don't want to be left out of recognition for success | <input type="radio"/> | <input type="radio"/> |
| G. Other people are just too busy to take responsibilities | <input type="radio"/> | <input type="radio"/> |
| H. No one sees the big picture like I do | <input type="radio"/> | <input type="radio"/> |

1. What is the earliest leadership responsibility you can remember having:

From this I learned: _____

2. Confident leaders _____ barriers, challenges, and obstacles to leadership. What are some barriers, challenges, or obstacles you have faced or could face? _____

3. Confident leaders handle _____ . Dave’s Five Concepts:
- a. If you have a conflict with someone and you do not take it _____ that _____, then it can’t be _____.
 - b. Deal with conflict _____-on-_____: _____ in public, _____ in private.
 - c. Use the three _____ system: _____, _____, _____.
 - d. Learn to _____ the _____ from the _____.
 - e. Confront the _____ with a _____.

4. Confident leaders _____ the most of their _____.

What would be on your business card?

- a. Maximize your _____.
 - i. Work on that which is most _____.
 - ii. Do the _____ thing first.
- b. Determine your _____ to conquer your _____. What distractions do you have? _____
- c. Be in _____ of your _____. Set _____ and _____ with them.
- d. Take _____ to make _____. Plan your day the _____ before.

e. How do you _____ an _____?
One _____ at a time!

5. Confident leaders have a _____ attitude. I practice a positive attitude through _____.
_____ creates _____.

Enemy of Confidence and Self-Esteem: _____!
Turn your _____ into _____.
The _____ is in the _____.

“Choose to make your imagination your ally. You do have a say about what pictures live in your head—and you can choose the most positive images to shape your life.” Jane Seymour, Actress

6. Confident leaders plan where they want to go and how they will get there. Goals do not define our life; they give our life direction. It is the direction that our goals take us that defines our life.

Goals are the stepping-stones on the way to your dream.

They must be _____!
S _____
M _____
A _____
R _____
T _____

Write a SMART goal that you want to accomplish in the next six months:

7. Confident leaders practice _____. It is the process of getting things done through _____. Key aspects are:
- a. An ability to _____,
 - b. A clear and defined _____.
 - c. Effective _____ techniques.
 - d. Provide _____ support – not _____.
 - e. _____ the person to get the job/task done!

Delegating _____ ! = _____ !!

- a. I cannot trust others to be responsible: How can they _____ you?
- b. You will lose control: Let others _____ you.
- c. The person at the top has all the answers: Ask for _____ from others.
- d. It is easier and faster to just do it yourself: But will it be _____ ?
- e. Delegation diminishes your prestige: It will _____ it!
- f. Others will receive recognition: As the leader, _____, too.
- g. Delegation is impossible, everyone’s too busy: People can make _____ for anything they want to.
- h. No one sees the big picture like you do: Share your _____.

8. Confident leaders are able to _____ others. Ways to do this:
- a. Identify the _____ and what you want to _____.
 - b. Determine _____ you want to motivate.
 - c. Find that person’s _____. Some of mine are:

 - d. _____ the _____ for what you want: Never fear _____!

9. Use _____ to build confidence. Affirmations are those things that you claim _____ over what you _____ now, or that you will have in the _____.

Say affirmations out loud _____.

My Daily _____:

10. Watch for _____ moments and opportunities.

11. Five (5) Key Points to Confidence in Finding Your Purpose

a. _____
“Obstacles are those frightful things you see when you take your eye off your goal.” Henry Ford

b. _____
“Whatever you can do or dream you can, begin it. Boldness has genius, power, and magic in it.” Johann Wolfgang von Goethe (1749-1832)

c. _____: _____ and _____
“You are never given a wish without also being given the power to make it come true.” Richard Bach, Illusions

d. _____ and _____
“Opportunity is missed by most people because it is dressed in overalls and looks like work.” Thomas Edison, 1847-1931

Call to Action

- e. Be _____; have no _____;
pursue your _____; and...
- _____

“Here is a test to determine if your mission on earth is finished: If you’re still alive, it isn’t.” Richard Bach, Illusions

“Some people say I have attitude - maybe I do. But I think you have to. You have to believe in yourself when no one else does – that makes you a winner right there” Venus Williams, Tennis Champion

Notes