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# SGA Retreat Day 1

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Dave Kelly | *America's Student Leadership Trainer<sup>sm</sup>*

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## Confidence in Leadership

1. What is the earliest leadership responsibility you can remember having:

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From this I learned: \_\_\_\_\_

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2. What are some barriers, challenges, and obstacles that leaders face?

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3. What are ways to overcome barriers, challenges, and obstacles to leadership?

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4. Confident leaders have a \_\_\_\_\_ attitude. I practice a positive attitude through \_\_\_\_\_.

\_\_\_\_\_ creates \_\_\_\_\_.

Turn your \_\_\_\_\_ into \_\_\_\_\_.

The \_\_\_\_\_ is in the \_\_\_\_\_.

5. Your Gold Watch Ceremony

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6. Your Campus Legacy

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*“Choose to make your imagination your ally. You do have a say about what pictures live in your head—and you can choose the most positive images to shape your life.” Jane Seymour, Actress*

7. \_\_\_\_\_ to build confidence. \_\_\_\_\_  
those things that you claim \_\_\_\_\_ over what you \_\_\_\_\_ now,  
or that you will have in the \_\_\_\_\_.

8. Say \_\_\_\_\_ out loud \_\_\_\_\_ times per day.  
My Daily \_\_\_\_\_:

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9. Watch for \_\_\_\_\_ moments and opportunities.

10. Five (5) Key Points to Confidence in Finding Your Purpose

a. \_\_\_\_\_

*“Obstacles are those frightful things you see when you take your eye off your goal.” Henry Ford*

b. \_\_\_\_\_ —

\_\_\_\_\_ —  
*“Whatever you can do or dream you can, begin it. Boldness has genius, power, and magic in it.” Johann Wolfgang von Goethe (1749-1832)*

*“Make mistakes while the stakes are not too high.” David A. Kelly*

c. \_\_\_\_\_ —

\_\_\_\_\_ and \_\_\_\_\_

*“You are never given a wish without also being given the power to make it come true.” Richard Bach, Illusions*

d. \_\_\_\_\_ —

\_\_\_\_\_ and \_\_\_\_\_

*“Opportunity is missed by most people because it is dressed in overalls and looks like work.” Thomas Edison, 1847-1931*

e. \_\_\_\_\_ —

\_\_\_\_\_ :

*“Here is a test to determine if your mission on earth is finished: If you’re still alive, it isn’t.” Richard Bach, Illusions*

*“Some people say I have attitude - maybe I do. But I think you have to. You have to believe in yourself when no one else does – that makes you a winner right there” Venus Williams, Tennis Champion*

**Playing Well With Others**

Sources of conflict:

Modes of Managing Conflict:

- 1. \_\_\_\_\_ = \_\_\_\_\_
- 2. \_\_\_\_\_ = \_\_\_\_\_
- 3. \_\_\_\_\_ = \_\_\_\_\_
- 4. \_\_\_\_\_ = \_\_\_\_\_
- 5. \_\_\_\_\_ = \_\_\_\_\_

What Do I Value?

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_

**Dave's Five Concepts of Conflict Resolution**

1. If you have a conflict with someone and you do not take it \_\_\_\_\_ that person, then it can't be \_\_\_\_\_.
2. Deal with conflict \_\_\_\_\_-on-\_\_\_\_\_: \_\_\_\_\_ in public, \_\_\_\_\_ in private.
3. Use the three \_\_\_\_\_ system: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.
4. Learn to \_\_\_\_\_ the \_\_\_\_\_ from the \_\_\_\_\_.
5. Confront the \_\_\_\_\_ with a \_\_\_\_\_.