



Johnson & Wales University

The Power of Boldness: Resilience and Grit

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What I Want: _____

1) Everything is _____... that is within your
_____.

2) _____ and _____
can be overcome.

3) Develop a _____
_____.

4) _____.

5) Be a _____ leader. Put _____ above
_____.

6) Plan your _____. Turn your vision into
_____.

7) Dream Brainstorm:

8) Goals: the _____ on the way to your dream! They must be SMART:

S _____

M _____

A _____

R _____

T _____

Pick a dream from your dream brainstorm. What goals will you need to achieve to realize your dream?

9) Plans: Take one goal and break down the activities that you will have to do to accomplish it.

Goal _____

Plans: _____

10) Overcome _____ and

11) Think _____.

12) _____
