



Cal State University - Stanislaus
Virtual Leadership Series

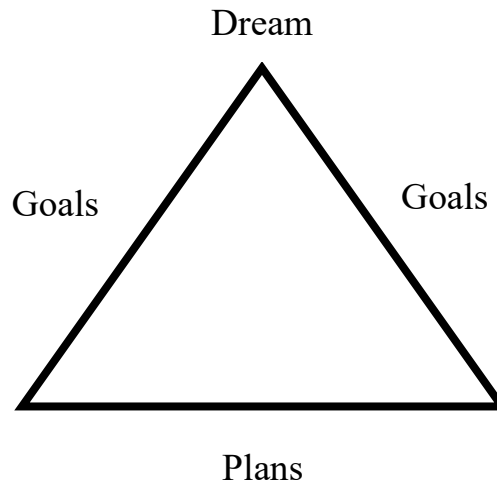
Goal Setting: Turning Your Vision Into Reality

Dave Kelly | *America's Student Leadership Trainersm*

**Whatever you can do, or dream you can, begin it.
Boldness has genius, power, and magic in it.**

Johann Wolfgang von Goethe (1749-1832)

GPS: GOAL PYRAMID SYSTEM



The **Dream** is the vision that you strive towards.

The **Goals** are the formal objectives that chart progress toward The Dream.

The **Plans** are how you will achieve The Goals and serve as the foundation of The Goal Pyramid System (GPS).

This pyramid works because it requires that all elements **MUST** be written down and specific.

The **Dream** becomes second nature...

The **Goals** are attained on a regular basis...

The **Plans** must be acted upon daily.

Review Your GPS Every Day!

DREAM BRAINSTORM

We dream because we must to achieve the vision we strive for.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

DREAM STATEMENT: _____

Richard Bach wrote in Illusions: *“Argue for your limitations, and sure enough, they’re yours.”*

Dream visualization has no barriers, so shoot for the moon! Richard Bach also wrote in Illusions: *“Here is a test to determine whether or not your mission on earth is finished: If you’re still alive, it isn’t.”*

GOAL PROMPTER

Goals do not define our life; they give our life direction. It is the direction that our goals take us that defines our life.

S _____
M _____
A _____
R _____
T _____

Check the box when you complete or achieve the goal/plan. The parenthesis are for your deadline date for that particular goal or plan.

Dream: _____

Goal 1. _____ (_____)

Goal 2. _____ (_____)

Goal 3. _____ (_____)

Goal 4. _____ (_____)

Goal 5. _____ (_____)

Goal 6. _____ (_____)

PLAN PROMPTER

Effective planning leads to success. Failure to plan leads to failure. Resolve that you will plan every day to be successful.

Goal 1. _____ (_____)

Plans a. _____ (_____)

b. _____ (_____)

c. _____ (_____)

Goal 2. _____ (_____)

Plans a. _____ (_____)

b. _____ (_____)

c. _____ (_____)

Goal 3. _____ (_____)

Plans a. _____ (_____)

b. _____ (_____)

c. _____ (_____)

Goal 4. _____ (_____)

Plans a. _____ (_____)

b. _____ (_____)

c. _____ (_____)

Goal 5. _____ (_____)

Plans a. _____ (_____)

b. _____ (_____)

c. _____ (_____)

Goal 6. _____ (_____)

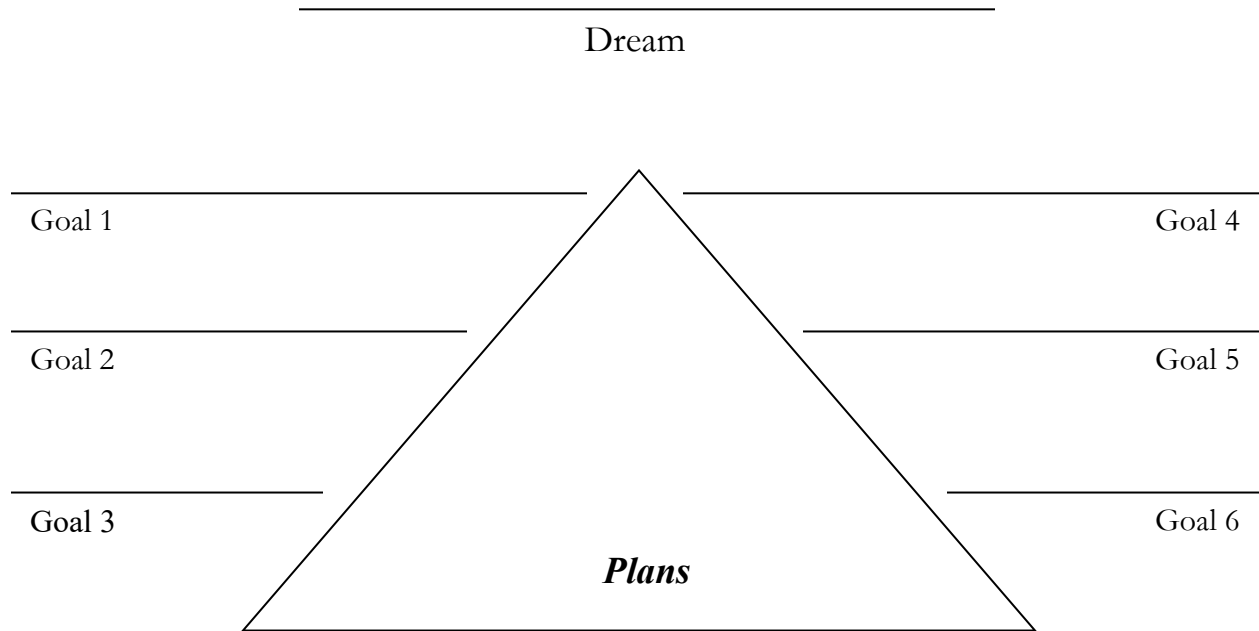
Plans a. _____ (_____)

b. _____ (_____)

c. _____ (_____)

GOAL PYRAMID SYSTEM

Transfer your dream statement, goals, and plans to this pyramid to give you a visual guide to your program. Post it somewhere that you will see it everyday.



Goal 1 plans

Goal 2 plans

Goal 3 plans

Goal 4 plans

Goal 5 plans

Goal 6 plans

MY MISSION STATEMENT

Potential Obstacles to the Achievement of My Dream

Risks I Am Willing to Take to Achieve My Dream

My Legacy
